

# IT'S TIME TO REDESIGN DEMENTIA CARE

Frustrated with your current dementia care programming?  
Unsure about the best ways to prevent responsive behaviors in dementia?

At **The National Center for Montessori and Aging**, we will show you how to shift your view of dementia care and create an environment where people with dementia flourish — making things much easier for both them and YOU.

**Montessori for Aging and Dementia**, an innovative approach to care, enables individuals to care for themselves, others, and their community — bringing purpose and meaning to elders' lives, and increasing staff satisfaction significantly.

**Don't miss this opportunity to learn from an international Montessori and dementia expert.**

**During this workshop you will:**

- **Discover a powerful approach to dementia care** that will totally change your perspective on aging and dementia
- **Learn the first thing you should do to create a sense of community** between staff and residents
- **See how an engaging life enrichment program transforms the culture** of a long-term care center and ultimately frees up staff time dramatically
- **Learn the process for changing a ho-hum activity program** into a dynamic and engaging person-centered program that keeps people interested and has them coming back for more
- **Be able to implement a simple tool for helping people with cognitive impairment** participate in meaningful conversations
- **Identify the mistakes almost everyone unknowingly makes** in wayfinding and signage, leading to confusion and discord — and find out how to correct them
- **Develop the skills to effectively communicate with people with dementia**, so they easily understand what you are trying to convey

**Individuals living in a Montessori community do as much for themselves and others as possible, rather than having things done to them or for them.**

**Our program content demonstrates how to meet the CMS regulations requiring that the care communities:**

- Learn more about elders as a person, provide greater support for elder preferences, and give elders increased control and choice.
- Provide activity materials 24 hours a day.
- Provide training on dementia management.

**Become Certified & Earn CEUs!**

- ✓ This program meets the core educational requirement for the **Montessori Dementia Engagement Certification** and is **pre-approved for 12 CEUs** by the National Certification Council of Activity Professionals. 

- ✓ Approved by the American Speech-Language Hearing Association (ASHA) to be offered for **1.2 ASHA CEUs**.

- ✓ Approved by Maryland Board of Social Work Examiners for **12 professional, intermediate category 1 CEUs**.

# WORKSHOP DETAILS

**Registration:** Only \$279.

All participants receive a Certificate of Completion at end of workshop.

<https://www.crossway-community.org/center-for-montessori-and-aging/>

**Choose from one of three workshop dates:**

- ▶ MAY 7 & 8, 2019
- ▶ SEPTEMBER 9 & 10, 2019
- ▶ NOVEMBER 4 & 5, 2019

## Workshop Location:

The National Center for Montessori and Aging  
at Crossway Community  
3015 Upton Drive | Kensington, MD 20895 | (301) 929-2505

## Montessori for Aging Learning Objectives

1. Participants will be able to demonstrate an understanding of the importance of living a life with purpose so that individual's personhood can be maintained.
2. Participants will be able to identify the key components of the Montessori Philosophy.
3. Participants will be able to discuss how one integrates Montessori principles with dementia care best practices to create a culture of well-being.
4. Participants will be able to identify how the key components of the prepared environment can be integrated into an elder care setting to improve engagement, health, and communication outcomes.



Jennifer Brush, MA, CCC/SLP is an award-winning Dementia Educator, consultant, and author of 6 books. She has 25 years of industry experience, including leading countless live national and international trainings and facilitating ground-breaking research. Jennifer is the only AMI Certified Educator for Montessori for Aging and Dementia and serves as the Program Director for The National Center for Montessori and Aging at Crossway Community.

Required disclosure: Jennifer Brush receives financial compensation for her presentation and receives royalties for the sales of her books published by Brush Development Company. She has no additional non-financial relationships to disclose.

## DAY 1 | 8:30 AM to 5:00 PM

- 8:00 AM Check in and refreshments
- 8:30 AM Welcome to The National Center for Montessori and Aging
- 9:00 AM Tour and Observations at Crossway Montessori School
- 9:30 AM Questions and Answers about Montessori Education
- 10:00 AM Break
- 10:15 AM What is Person-Centered Care?
  - Person Centered Assessments
  - The importance of person directed engagement
- 11:00 AM Why Montessori?
  - Key discoveries of human development
  - Key components of Montessori education
- 12:00 PM LUNCH PROVIDED
- 1:00 PM Applying Montessori Methods to the Care Setting
  - Montessori for Aging and Dementia
  - Human Tendencies
  - Prepared environment
  - Grace and Courtesy
- 2:15 PM Break
- 2:30 PM Applying Montessori Methods to the Care Setting
  - Observation
  - Independence
- 3:30-5:00 Montessori Demonstrations and Practice  
Crossway Montessori Guides

## DAY 2 | 8:00 AM to 3:00 PM

- 8:00 AM Check in and refreshments
- 8:30 AM Understanding Dementia and Memory
  - The amazing brain
  - Disease prevention
  - Types of dementia
  - How memory works
- 10:00 AM Break
- 10:15 AM Best Practices for Dementia Care
  - Create a meaningful engagement plan activity
  - Communication
  - Evidence based design
- 12:00 PM LUNCH
- 1:00 PM Best Practices for Dementia Care
  - Spaced Retrieval Step by Step & Interactive Activity
- 1:45 PM Putting Montessori into Action
  - Using the Montessori approach with any activity
  - Where to begin?
- 3:00 PM Conclusion