

## From Can't to Can Do!

REDESIGNING DEMENTIA CARE

# Montessori for Aging and Dementia Two-Day Workshop

Montessori for Aging and Dementia is an innovative approach to dementia care that can be adopted for individuals or groups as a philosophy of care. The goal of the Montessori program is to support people living with dementia by creating a prepared environment, filled with cues and memory supports, that enables individuals to care for themselves, others, and their community. This two-day program focuses on the Montessori for Aging and Dementia program criteria as established by the Association Montessori International. Participants will receive handouts, a copy of the book *I Care: A Handbook for Care Partners of People with Dementia* and a certificate of completion from AMI.

The Montessori approach enhances quality of life for people living with dementia by creating an environment in which they can succeed. Roles, routines and activities are developed for each individual, which are meaningful to that person – giving each person the opportunity to enjoy an enriched life. Individuals living in a Montessori community do as much for themselves and others as possible, rather than having things done to them or for them.

### Attend this two-day workshop and learn to create meaningful activities and roles by:

- Focusing on the person, not the dementia.
- Matching strengths and abilities with personal history.
- Fostering social connections and friendships.
- Developing routines that build confidence and self-esteem.
- Providing cues, prompts, materials and templates to support the person's memory loss.

**Jennifer Brush, MA, CCC/SLP** is an award-winning Dementia Educator, author and consultant. With her 25 years of industry experience, including leading countless live national and international trainings, facilitating ground-breaking research, and managing innovative person-centered care projects for The Mayer-Rothschild Foundation, Jennifer flawlessly bridges the gap between care communities and the individuals they serve. Jennifer serves on the Association Montessori International Advisory Board for Montessori for Aging and Dementia and is the only person in the US teaching this international program. Jennifer is the author of 5 nationally recognized books on dementia including the silver-medal winning *Creative Connections in Dementia Care* and *I Care*, the gold-medal winning work that also received a 5-star rating as a Reader Favorite. Jennifer is widely known for her revolutionary work in the Spaced Retrieval memory intervention, pioneering this area of study and publishing 2 books on the subject.



## Enroll Now

**Fundacion Argentina Maria Montessori,**  
Buenos Aires, Argentina September 15 &  
16, 2017

**Crossway Montessori Community,**  
Kensington, MD ☒ October 9 & 10, 2017

**Montessori Training Institute,**  
St. Paul, MN ☒ October 26 & 27, 2017

## Workshop Agenda

### DAY 1 8:30 AM to 5:30 PM

#### Section I: A Life with Meaning and Purpose

- Maintaining personhood
- Individualized assessments
- Retaining life roles

#### Section II: Montessori for All Ages

- Who was Dr. Maria Montessori?
- What is the Montessori philosophy of education?
- From the classroom to the aged care center

#### Section III: See the Person, Not the Disease

- Understanding the impact of dementia
- Living with a neurocognitive disorder

#### Section IV: Memories in the Making

- How memory works
- How we learn
- How to make a memory book

#### Section V: Let's Talk

- Communication challenges and dementia
- Tips for effective communication

#### Section VI: Let's Get Busy

- Help me help myself
- Fostering independence

### DAY 2 8:00 AM to 12:00 PM

#### Section VII: See the World Through their Eyes

- Using observation skills
- Behaviors as a form of communication

#### Section VIII: These Four Walls

- Creating a prepared environment
- Design guidelines for aging and dementia

#### Section IX: Creative Connections

- What art?
- Recipes for success

#### Section X: Spaced Retrieval Step by Step

- Learning is possible in dementia
- Why Spaced Retrieval works
- Implementing the evidence based memory strategy

#### Section XI: Montessori Demonstrations

- Lessons given by Montessori guides
- Opportunities for student practice
- Setting up Montessori spaces in aged care

#### Section XII: A Community of Caring

- Putting Montessori into action
- Developing Teams
- Leaving your comfort zone
- Students present case studies and write an action plan

